

EXAMPLE OF AN EMERGENCY CAR KIT

Keep an emergency kit in your car.

- A battery-powered radio and flashlight, with extra batteries
- A blanket
- Booster (jumper) cables
- A fire extinguisher
- A Canadian Red Cross first aid kit
- Bottled water and non-perishable high-energy foods (replace the water every six months and the food once a year)
- Maps of the area
- A shovel
- Flares
- A tire repair kit and pump
- Matches and a "survival" candle in a deep can that will burn for many hours