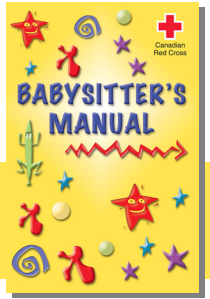




# Canadian Red Cross Babysitting Course

Canadian Red Cross

## Fact Sheet *for Schools*



**Make the school, playground, and home safer places!  
As trained babysitters, students will learn:**

### Valuable Training You Can Feel Confident to Offer

The Babysitting Course incorporates the latest injury prevention standards.

The course content was reviewed by leading health and youth organizations, including *Health Canada*, *SMARTRISK*, *Safe Kids Canada*, *Fire Prevention Canada*, *Scouts Canada*, *RespectED*, and *Canadian Agricultural Safety Association*.

This course is endorsed by the Girl Guides of Canada.

- Basic skills to care for babies, toddlers, preschoolers, and school-age children
- How to care for themselves and siblings when home alone
- Strategies to create a safe and positive environment and prevent injuries
- Problem-solving and decision-making skills to handle emergencies and provide basic first aid
- Age-appropriate activities and games
- Communication and basic business skills to acquire babysitting jobs

### Course Features:

- Developed for youth 11 to 15 years of age
- Can be combined with the Red Cross CPR Course for a more comprehensive educational program
- Focuses on five main areas: child caregiving, first aid, injury prevention, leadership, and business skills
- Fun activities, including discussion, problem-solving scenarios and hands-on practice, help participants learn and make the session(s) enjoyable
- The course and its materials are available in English and French
- Participants receive the Canadian Red Cross *Babysitter's Manual*, which includes key information on caring for kids of different ages, as well as an emergency contact form, sample resumés, business cards, glossary, and more
- Participants receive a wallet card that confirms they have completed the course
- To promote the course within your school, the Red Cross offers bilingual promotional materials, such as posters, bookmarks, and fact sheets for parents

### Delivery Options:

- Ideal for a one-day teachers' professional development day program for students or offered in shorter sessions over several days/weeks
- Red Cross can link your school with a Red Cross Training Partner to offer the course at your school **or**
- Teachers/teacher assistants with current first aid certification can complete a facilitator self-study package and offer the program directly as an extracurricular or after-school program activity



For information on how to offer the Babysitting Course, please call the Canadian Red Cross at **1.877.356.3226**

For more information about Red Cross training for youth visit [www.redcross.ca/firstaid](http://www.redcross.ca/firstaid) and [www.redcross.ca/swim](http://www.redcross.ca/swim)